

Cycling is a great way to keep fit whilst at the same time getting from A to B or exploring your local area.

The **Cyclesolihull** routes in this series of leaflets will take you along most of the network of quiet lanes in and around Solihull, introducing you to some places you probably didn't even know existed!

The routes have been carefully chosen to avoid busier roads so are ideal for new cyclists and children learning to cycle on the road.

You can cycle the routes alone or with family and friends, or join other people on one of the regular **Community Cycle Rides**.

CycletoSolihull Day



A chance to join other cyclists in Solihull town centre for a cycling afternoon. Join one of the special rides or simply head to the town centre on your bike. For details of this year's event go to:

www.cycletosolihullday.org.uk

This is one of a series of cycle ride leaflets produced by **Cyclesolihull** which is a voluntary organisation which aims to encourage people in the Solihull area to cycle more. Cyclesolihull organises free community rides, publicises routes and provides information about cycling.

Community Cycle Rides

Cyclesolihull offers regular opportunities to join with others to ride the routes in this series of leaflets. The rides are organised by volunteers and typically attract between 10 and 30 riders. To get involved, just turn up and ride!

Sunday Cycle Rides take place most Sunday afternoons at 2 pm throughout the summer* starting from one of a number of different starting points. "S" (short) routes are about 10 miles long, "M" (medium) routes about 15 miles long and "L" (long) routes about 20 miles long. On the second Sunday of the month* there is a 5 mile **Taster Ride**. This is an opportunity to try a Cyclesolihull ride without going very far and is an ideal introduction to the rides, especially for new cyclists and children.

Saturday Stretcher Rides take place twice-monthly* on Saturdays, starting at 9.30 am from one of 6 different starting points. They are 25 to 35 miles long and do not follow a fixed route, so are suitable for more experienced cyclists.

Evening Explorer Rides are on a midweek evening from mid-May to early August starting at 7 pm from one of 12 different starting points. They follow the shorter "S" routes so are about 10 miles long.

Refreshment Stops All Cyclesolihull rides have an en-route refreshment stop of about 30 minutes at a family-friendly pub or tearoom.

For details of the current programme go to:

www.cyclesolihull.org.uk

or pick up a copy of the **Cyclesolihull Ride Programme** on one of the rides.

* There is a reduced programme rides from November to February with Sunday rides starting at 1.30 pm.



S5

short route from
Meriden

CycleSolihull

Explore your borough by bike



10 miles via Eaves Green,
Kinwalsey & Maxstoke

Have fun and get fit exploring your local area with this self-guided cycle ride.

Route S5

Meriden to Kinwalsey & Maxstoke

Distance: 10 miles (60 to 75 mins).

Start: Meriden Green (with the village cross marking the 'Centre of England' and the cyclists' war memorial) CV7 7LN SP239823.

Parking: On-street around The Green.

Route Summary: An undulating route using mostly quiet country lanes, passing through Eaves Green, Kinwalsey (site of the John Wesley Oak), and Maxstoke (Priory Ruins).

Refreshments: Apart from the pubs and shops in and close to Meriden there are no other facilities on the route.

The Route

A With the shops behind you, leave the Green going L on to the main road.

B After 0.7 miles bear L onto **Old Road** and after passing the **Queens Head** pub, turn L into **Eaves Green Lane**. Bear R at the next junction and pass under the A45.

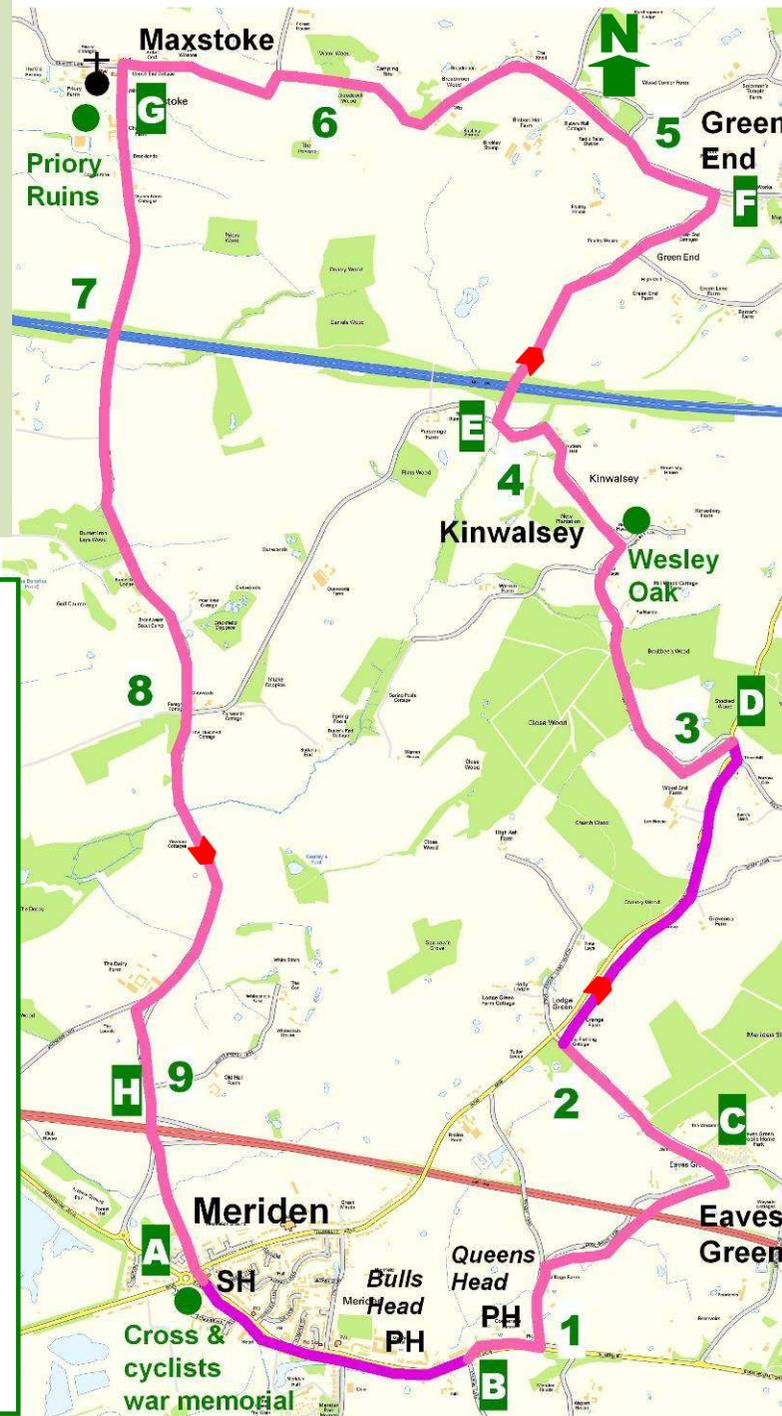
C At the end of the lane turn L into **Lodge Green Lane** towards **Fillongley**. At the end of the lane turn R onto the **B4102** towards **Fillongley**.

D After one mile turn L into **Kinwalsey Lane**. Follow this bendy lane for about one mile, passing the **John Wesley Oak** on the R. Here a plaque marks the stump of a large tree where the founder of Methodism is believed to have preached.

E At the sign to **Green End** turn R to pass under the motorway.

F At the end of the lane turn L following signs to **Maxstoke**.

G In 1.75 miles turn L by **Maxstoke Church**



Key to Map

- A B** Start and route reference point
- 1, 2** Mileage from start point
-  Quiet road
-  Busier road
-  Significant hill climb (in direction of travel)
- PH/CF** Public House/café or tearoom
- SH** Shop selling drinks, sweets etc
-  Notable church
-  Place of interest/water feature

Abbreviations used in the route description:
L left, R right, SO straight on.

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To cycle this route, memorise the instructions between each reference point, relating the turns to the map. The place and road names in **bold** appear on signs along the route.

and the **Priory ruins** into **Maxstoke Lane** towards **Meriden** (continue SO for 100 yards to view the ruined priory gatehouse). After 0.7 miles go under the M6, eventually passing the **Forest of Arden Hotel**.

H After a further 1.2 miles, cross over the A45. At the roundabout turn L to **Meriden**. The Green is immediately ahead at the next roundabout.