

Cycling is a great way to keep fit whilst at the same time getting from A to B or exploring your local area.

The **Cyclesolihull** routes in this series of leaflets will take you along most of the network of quiet lanes in and around Solihull, introducing you to some places you probably didn't even know existed!

The routes have been carefully chosen to avoid busier roads so are ideal for new cyclists and children learning to cycle on the road.

You can cycle the routes alone or with family and friends, or join other people on one of the regular **Community Cycle Rides**.

CycletoSolihull Day



A chance to join other cyclists in Solihull town centre for a cycling afternoon. Join one of the special rides or simply head to the town centre on your bike. For details of this year's event go to:

www.cycletosolihullday.org.uk

This is one of a series of cycle ride leaflets produced by **Cyclesolihull** which is a voluntary organisation which aims to encourage people in the Solihull area to cycle more. Cyclesolihull organises free community rides, publicises routes and provides information about cycling.

Community Cycle Rides

Cyclesolihull offers regular opportunities to join with others to ride the routes in this series of leaflets. The rides are organised by volunteers and typically attract between 10 and 30 riders. To get involved, just turn up and ride!

Sunday Cycle Rides take place most Sunday afternoons at 2 pm throughout the summer* starting from one of a number of different starting points. "S" (short) routes are about 10 miles long, "M" (medium) routes about 15 miles long and "L" (long) routes about 20 miles long. On the second Sunday of the month* there is a 5 mile **Taster Ride**. This is an opportunity to try a Cyclesolihull ride without going very far and is an ideal introduction to the rides, especially for new cyclists and children.

Saturday Stretcher Rides take place twice-monthly* on Saturdays, starting at 9.30 am from one of 6 different starting points. They are 20 to 35 miles long and do not follow a fixed route, so are suitable for more experienced cyclists.

Evening Explorer Rides are on a midweek evening from mid-May to early August starting at 7 pm from one of 12 different starting points. They follow the shorter "S" routes so are about 10 miles long.

Refreshment Stops All Cyclesolihull rides have an en-route refreshment stop of about 30 minutes at a family-friendly pub or tearoom.

For details of the current programme go to:

www.cyclesolihull.org.uk

or pick up a copy of the **Cyclesolihull Ride Programme** on one of the rides.

* There is a reduced programme rides from November to February with Sunday rides starting at 1.30 pm.



S13 short route from
Bentley Heath

CycleSolihull

Explore your borough by bike



**11 miles via Packwood,
Kingswood & Chessetts Wood**

Have fun and get fit exploring your local area with this self-guided cycle ride.

Route S13

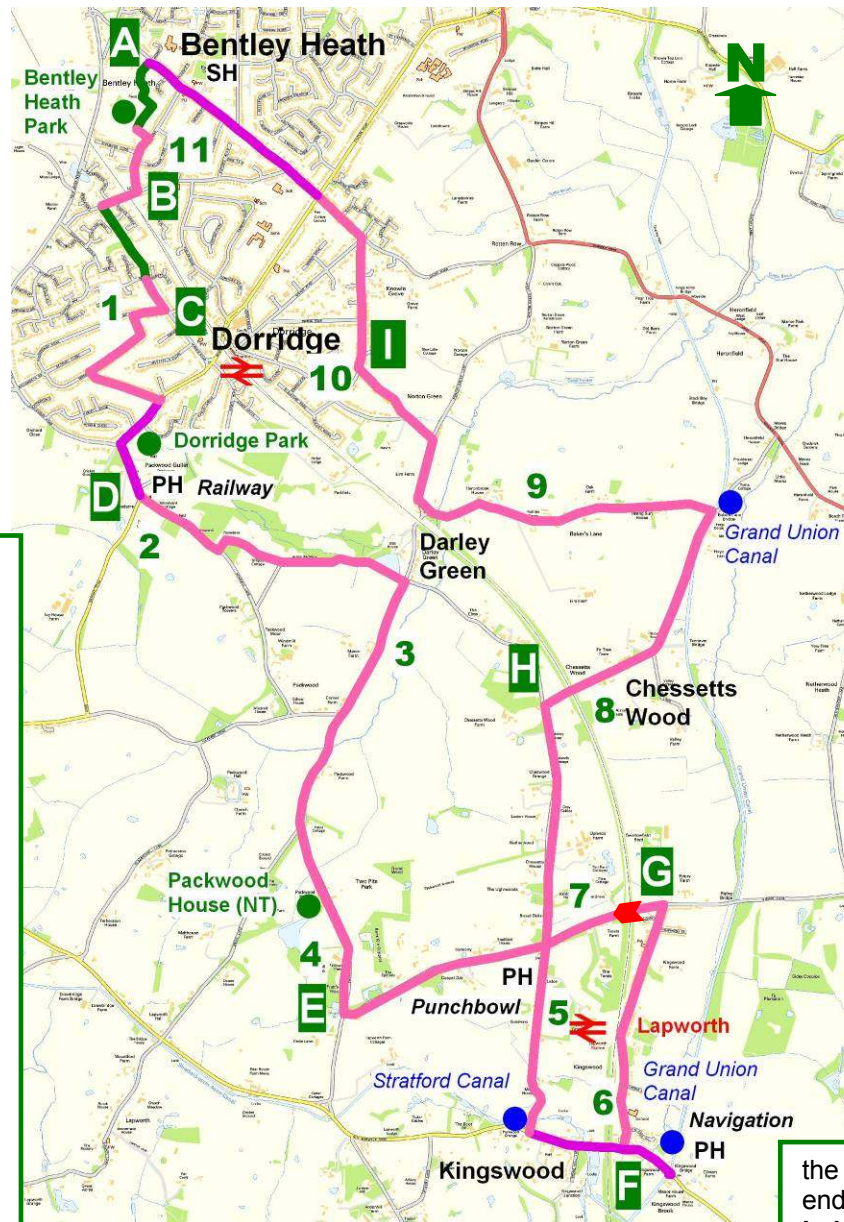
Bentley Heath to Packwood & Kingswood

Distance: 11 miles (65-85 mins).







Start: Bentley Heath Recreation Ground car park, Widney Road B93 9BQ, SP165763

Route Summary: A ride along mainly quiet country lanes, passing historic Packwood House, to Kingswood (now normally called Lapworth because of the rail station of that name).

Refreshments: There are three pubs along the route and shops in Bentley Heath.



Key to Map

- A B** Start and route reference point
- 1, 2** Mileage from start point
-  Quiet road
-  Busier road
-  Significant hill climb (in direction of travel)
- PH** Public House
- SH** Shop selling drinks, sweets etc
-  Notable church
-  Water feature
-  Place of interest

Abbreviations used in the route description: L left, R right, SO straight on.

The Route

The Route

A Start in the car park at the Bentley Heath Recreation Ground. Go through the gap in the hedge and turn L on to the path that goes around the edge of the park until it enters the residential road. At the end of **Redhouse Close** turn R.

B At the end of the road turn R, going across the railway level crossing. Take the second turn L on to the path called **Conker Lane**. Go past the barriers to the end and turn L on to the road.

C At the mini-roundabout turn right into **Rodborough Rd**. Turn first L into **Woodchester Rd** and next L into **Kingscote Rd**. At the end of the road turn R.

D Turn next L, by the **Railway** pub into **Windmill Lane**. Turn first L into **Mill Pool Lane**. At the end of the lane turn R into **Packwood Rd**. Follow this road for 1.5 miles, passing **Packwood House (NT)**.

E At the end turn L to **Baddesley Clinton**. At the next crossroads turn R by the **Punchbowl**, to **Lapworth** eventually crossing the **Stratford Canal** on a narrow bridge. At the main road turn L.

F Go under the railway and turn next L into **Station Lane** (to visit the **Navigation** canalside pub go SO for 300 yards and then retrace your route and turn R into **Station Lane**).

G After passing **Lapworth** rail station, turn L at the end towards **Hockley Heath**. At the next crossroads (by the **Punchbowl**) turn R to **Chessetts Wood**.

H Turn first R into **Chapel Lane**. After 1 mile turn L at

the end of the lane (by the canal bridge). At the end of **Bakers Lane** turn R and first L into **Blue Lake Rd**.

I At the end turn R into **Knowle Wood Rd**. At the end turn L at the roundabout. At the next roundabout go SO into **Widney Rd**. Go SO, passing the shops and turn L into the park car park.

To cycle this route, memorise the instructions between each green reference point, relating the turns to the map. The place and road names in **bold** appear on signs along the route.

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