

Cycling is a great way to keep fit whilst at the same time getting from A to B or exploring your local area.

The **Cyclesolihull** routes in this series of leaflets will take you along most of the network of quiet lanes in and around Solihull, introducing you to some places you probably didn't even know existed!

The routes have been carefully chosen to avoid busier roads so are ideal for new cyclists and children learning to cycle on the road.

You can cycle the routes alone or with family and friends, or join other people on one of the regular **Community Cycle Rides**.

CycletoSolihull Day



A chance to join other cyclists in Solihull town centre for a cycling afternoon. Join one of the special rides or simply head to the town centre on your bike. For details of this year's event go to:

www.cycletosolihullday.org.uk

This is one of a series of cycle ride leaflets produced by **Cyclesolihull** which is a voluntary organisation which aims to encourage people in the Solihull area to cycle more. Cyclesolihull organises free community rides, publicises routes and provides information about cycling.

Community Cycle Rides

Cyclesolihull offers regular opportunities to join with others to ride the routes in this series of leaflets. The rides are organised by volunteers and typically attract between 10 and 30 riders. To get involved, just turn up and ride!

Sunday Cycle Rides take place most Sunday afternoons at 2 pm throughout the summer* starting from one of a number of different starting points. "S" (short) routes are about 10 miles long, "M" (medium) routes about 15 miles long and "L" (long) routes about 20 miles long. On the second Sunday of the month* there is a 5 mile **Taster Ride**. This is an opportunity to try a Cyclesolihull ride without going very far and is an ideal introduction to the rides, especially for new cyclists and children.

Saturday Stretcher Rides take place twice-monthly* on Saturdays, starting at 9.30 am from one of 6 different starting points. They are 20 to 35 miles long and do not follow a fixed route, so are suitable for more experienced cyclists.

Evening Explorer Rides are on a midweek evening from mid-May to early August starting at 7 pm from one of 12 different starting points. They follow the shorter "S" routes so are about 10 miles long.

Refreshment Stops All Cyclesolihull rides have an en-route refreshment stop of about 30 minutes at a family-friendly pub or tearoom.

For details of the current programme go to:

www.cyclesolihull.org.uk

or pick up a copy of the **Cyclesolihull Ride Programme** on one of the rides.

* There is a reduced programme rides from November to February with Sunday rides starting at 1.30 pm.



S10 short route from
Solihull Lodge

CycleSolihull

Explore your borough by bike



**12 miles via Headley Heath,
Forhill & Hollywood**

Have fun and get fit exploring your local area with this self-guided cycle ride.

Route S10 Solihull Lodge to Forshaw and Hollywood

Distance: 12 miles (70-90 mins). **Start:** Daisy Farm Park car park, Maypole Lane B14 4PJ, SP087786.

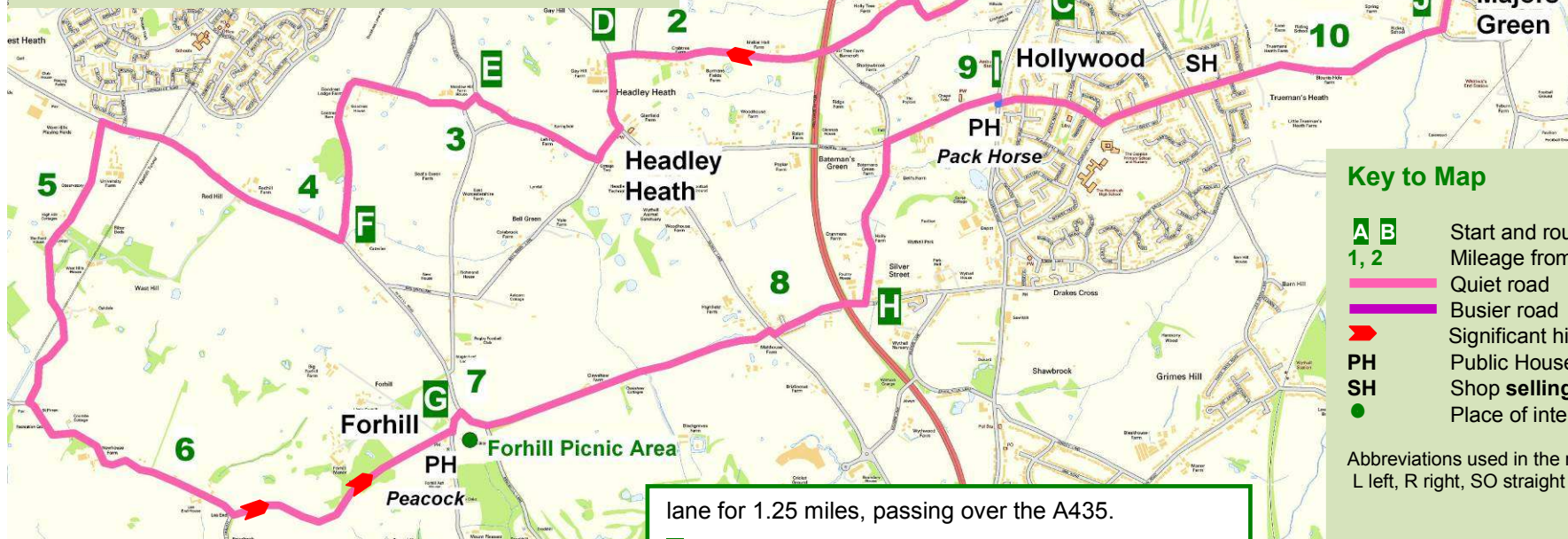
Route Summary: A fairly hilly ride into rural Worcestershire via mainly quiet lanes.

Refreshments: There are pubs in Forhill and Hollywood.

Parking: There is parking at the park playground.

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To cycle this route,
memorise the
instructions between
each green
reference point,
relating the turns to
the map. The place
and road names in
bold appear on
signs along the
route.



Key to Map

- A B** Start and route reference point
- 1, 2** Mileage from start point
- Quiet road
- Busier road
- Significant hill climb (in direction of travel)
- PH** Public House
- SH** Shop **selling** drinks, sweets etc
- Place of interest

Abbreviations used in the route description:
L left, R right, SO straight on.

The Route

A From the car park cross the main road into **Westfield Avenue**. Turn first R into **Westcroft Way** and first R again into **Ashdale Drive**.

B At the end turn R and immediately L into **Heath Rise**. At the end turn L onto the main road (Highters Heath Lane). At the end turn L again on to **Alcester Road**.

C After a 0.5 miles turn R into **Dark Lane** (less experienced cyclists may find it easier to turn L in to the parallel service road after Hollywood Lane and then turn R and L into Dark Lane). Follow this winding

lane for 1.25 miles, passing over the A435.

D At the end turn L and first R into **Bell Green Lane** towards **Northfield**. After 150 yards turn R into Headley Heath Lane.

E At the end turn L and then R into **Grimpits Lane**. Follow the narrow lane to the end and turn L. Continue for 0.5 miles.

F At the end of the lane turn R towards **Hopwood**. Go SO for 0.75 miles, and turn next L into **Wast Hills Lane**. Go SO down a steep hill and at the end turn L. Go SO at the next junction towards **Forhill** climbing a steep hill to reach **The Peacock** pub.

G Turn L here and then immediately R towards **Wythall**. After 1 miles go SO at the staggered crossroads into **Silver Street** and pass under the

A435.

H Turn first L into **Batemens Lane**. At the crossroads turn R into **Packhorse Lane** towards **Truemans Heath**.

I At the **Pack Horse** pub go SO into **May Lane** towards **Shirley**. At the end turn L and then go SO at the mini-roundabout next to the petrol station. Follow this road for 0.75 miles into **Majors Green**.

J At the end of the road turn L into **Peterbrook Rd** towards **Highters Heath**. Follow the road for 1 mile to the end and turn L on to the main road (**High St**). The starting point is 0.5 miles on your R.