

Cycling is a great way to keep fit whilst at the same time getting from A to B or exploring your local area.

The **Cyclesolihull** routes in this series of leaflets will take you along most of the network of quiet lanes in and around Solihull, introducing you to some places you probably didn't even know existed!

The routes have been carefully chosen to avoid busier roads so are ideal for new cyclists and children learning to cycle on the road.

You can cycle the routes alone or with family and friends, or join other people on one of the regular **Community Cycle Rides**.

CycletoSolihull Day



A chance to join other cyclists in Solihull town centre for a cycling afternoon. Join one of the special rides or simply head to the town centre on your bike. For details of this year's event go to:

www.cycletosolihullday.org.uk

This is one of a series of cycle ride leaflets produced by **Cyclesolihull** which is a voluntary organisation which aims to encourage people in the Solihull area to cycle more. Cyclesolihull organises free community rides, publicises routes and provides information about cycling.

Community Cycle Rides

Cyclesolihull offers regular opportunities to join with others to ride the routes in this series of leaflets. The rides are organised by volunteers and typically attract between 10 and 30 riders. To get involved, just turn up and ride!

Sunday Cycle Rides take place most Sunday afternoons at 2 pm throughout the summer* starting from one of a number of different starting points. "S" (short) routes are about 10 miles long, "M" (medium) routes about 15 miles long and "L" (long) routes about 20 miles long. On the second Sunday of the month* there is a 5 mile **Taster Ride**. This is an opportunity to try a Cyclesolihull ride without going very far and is an ideal introduction to the rides, especially for new cyclists and children.

Saturday Stretcher Rides take place twice-monthly* on Saturdays, starting at 9.30 am from one of 6 different starting points. They are 20 to 35 miles long and do not follow a fixed route, so are suitable for more experienced cyclists.

Evening Explorer Rides are on a midweek evening from mid-May to early August starting at 7 pm from one of 12 different starting points. They follow the shorter "S" routes so are about 10 miles long.

Refreshment Stops All Cyclesolihull rides have an en-route refreshment stop of about 30 minutes at a family-friendly pub or tearoom.

For details of the current programme go to:

www.cyclesolihull.org.uk

or pick up a copy of the **Cyclesolihull Ride Programme** on one of the rides.

* There is a reduced programme rides from November to February with Sunday rides starting at 1.30 pm.



M16

medium route from
Lapworth

CycleSolihull

Explore your borough by bike



**17 miles via Lawsonford
Claverdon & Shrewley**

Have fun and get fit exploring your local area with this self-guided cycle ride.

Route M12

Lapworth to Claverdon & Shrewley

Distance: 16 miles (95-120 mins). **Start:** Lapworth Station B94 6JJ SP188715.

Route Summary: A very rural ride, using mainly very quiet narrow lanes to visit a number of Warwickshire villages including Lawsonford, Claverdon and Shrewley. The ride also passes Yarningdale Common, Hay Wood and a number of historic churches.

Refreshments: There are a number of pubs along the route and a shop in Shrewley.

Parking: There is free parking at Lapworth station and on-street parking on Station Road.

The Route

A Leaving **Lapworth Station** turn R. At the end of **Station Lane** turn R on to Old Warwick Road, passing under the railway. After 0.5 miles turn L into **Catesby Lane**.

B At the end of the lane turn L into **Lapworth Street**. Continue for 2 miles, passing over the motorway until you reach the **Fleur de Lys** pub in **Lowsonford** village.

C At the next crossroads turn R towards **Preston Bagot** and then immediately L up the narrow lane. Continue along the winding lane for 2 miles, bearing left towards **Henley-in-Arden** and eventually reaching the **A4189**.

D Turn L towards Claverdon, passing over the **Stratford Canal**. After 0.5 miles turn L towards **Yarningdale Common**. Follow the road SO past the common. At the triangular junction go SO into **Star Lane**, keeping the water tower to your L.

E At the next junction turn R and immediately R again into a narrow lane, eventually emerging onto the A4189 opposite the **Red Lion** pub. Turn R then immediately L towards **Langley** and **Claverdon Church**.

F Pass the church and then turn second R down **Langley Lane**. Follow this lane back to the A4189 and go SO into **Lye Green Rd** towards **Shrewley**. Take the third turn L towards **Holywell**. After 0.8 miles bear L at



the triangular junction towards **Shrewley**.

G Go R at the next two junctions towards **Shrewley** eventually becoming parallel to the motorway. At the end of the lane turn L towards **Shrewley**, crossing over the motorway and railway.

H At the **B4439** go SO into **Five Ways Rd** and at the crossroads turn L towards **Mousley End**. Follow this road for 3 miles towards **Chadwick End**, ignoring all the side roads and eventually passing **Hay Wood**.

I At the end of the lane turn L towards **Lapworth**, passing **Baddesley Clinton (NT)** and going over the **Grand Union Canal**. Turn first left into **Station Lane** to return to **Lapworth Station**.

To cycle this route, memorise the instructions between each green reference point, relating the turns to the map. The place and road names in **bold** appear on signs along the route.

Key to Map

- A B** Start and route reference point
- 1, 2** Mileage from start point
- Quiet road
- Busier road
- ➔ Significant hill climb (in direction of travel)
- PH** Public House
- SH** Shop selling drinks, sweets etc
- ⊕ Notable church
- Access to canal or river
- Place of interest

Abbreviations used in the route description:
L left, R right, SO straight on.

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