Cycling is a great way to keep fit whilst at the same time getting from A to B or exploring your local area.

The Cyclesolihull routes in this series of leaflets will take you along most of the network of quiet lanes in and around Solihull, introducing you to some places you probably didn't even know existed!

The routes have been carefully chosen to avoid busier roads so are ideal for new cyclists and children learning to cycle on the road.

You can cycle the routes alone or with family and friends, or join other people on one of the regular Community Cycle Rides.

CycletoSolihull Day



A chance to join other cyclists in Solihull town centre for a cycling afternoon. Join one of the special rides or simply head to the town centre on your bike. For details of this year's event go to:

www.cycletosolihullday.org.uk

This is one of a series of cycle ride leaflets produced by Cyclesolihull which is a voluntary organisation which aims to encourage people in the Solihull area to cycle more. Cyclesolihull organises free community rides, publicises routes and provides information about cycling.

Community Cycle Rides

Cyclesolihull offers regular opportunities to join with others to ride the routes in this series of leaflets. The rides are organised by volunteers and typically attract between 10 and 30 riders. To get involved, just turn up and ride!

Sunday Cycle Rides take place most Sunday afternoons at 2 pm throughout the summer* starting from one of a number of different starting points. "S" (short) routes are about 10 miles long, "M" (medium) routes about 15 miles long and "L" (long) routes about 20 miles long. On the second Sunday of the month* there is a 5 mile Taster Ride. This is an opportunity to try a Cyclesolihull ride without going very far and is an ideal introduction to the rides, especially for new cyclists and children.

Saturday Stretcher Rides take place twicemonthly* on Saturdays, starting at 9.30 am from one of 6 different starting points. They are 20 to 35 miles long and do not follow a fixed route, so are suitable for more experienced cyclists.

Evening Explorer Rides are on a midweek evening from mid-May to early August starting at 7 pm from one of 12 different starting points. They follow the shorter "S" routes so are about 10 miles long.

Refreshment Stops All Cyclesolihull rides have an en-route refreshment stop of about 30 minutes at a family-friendly pub or tearoom.

For details of the current programme go to:

www.cyclesolihull.org.uk

or pick up a copy of the **Cyclesolihull** 'Ride **Together**' leaflet on one of the rides.

* There is a reduced programme rides from November to February with Sunday rides starting at 1.30 pm.





M13 medium route from Bentley Heath

Cyclesolihull

Explore your borough by bike



17 miles via Kemps Green, Tapster & Chessetts Wood

Have fun and get fit exploring your local area with this self-guided cycle ride.

Route M13 Bentley Heath to Kemps Green & the Tapster **Valley**

Distance: 16 miles (95-120 mins). Start: Bentley Heath Recreation Ground car park B93 9BQ, SP165763

Route Summary: A route along mainly narrow country lanes, visiting the Kemps Green, the Tapster Valley and Chessetts Green.

Refreshments: There are shops near the start and two pubs en-route.

The Route

A Start in the car park at the Bentley Heath Recreation Ground. Go through the gap in the hedge and turn L on to the path that goes around the edge of the park until it enters the residential road. At the end of **Redhouse Close** turn R.

At the end of the road turn R, going across the railway level crossing. Take the second turn L on to the path called **Conker Lane**. Go past the barriers to the end and turn L on to the road.

• At the mini-roundabout turn right into Rodborough Road. Follow this road and at the small roundabout turn R. At the crossroads turn L and go down the hill until you reach the main road. Turn R into Grange Rd.

Deass The Railway pub and turn first left into Windmill Lane. Follow the road until the end and turn R and first L into Glasshouse Lane, passing St Giles Packwood Church on the L.

■ At the main road turn R on to the **B4439** and immediately L into **Wharf Lane**. Go over the narrow canal bridge and follow the road until you reach the main road (Stratford Road). Taking extra care turn L and then immediately R down Nuthurst Grange Lane (note you may find it easiest to dismount and use the footway L and cross this fast and busy road on foot).

6

Mows

Hill

G

At the end of the lane turn L and bear L at next junction. Go over the motorway and at the end of the lane turn R towards Kemps Green.

G Turn first L into Mows Hill Lane and follow the narrow lane for a mile. At the next crossroads go SO.

H At a further crossroads (with the **A3400**) go SO toward Lowsonford, into Bushwood Lane. Take the first turning L into Hole House Lane and the next turning R towards the ford. Pass the ford (footbridge available) and take next turn R at Yew Tree Farm. At the end of the lane turn L into



ford

Copt Green

-Tapster

Valley

To cycle this route, memorise the instructions between each

green reference point, relating

the turns to the map. The place

and road names in bold appear

on signs along the route.

Bentley

Heath

Key to Map

ΑВ Start and route reference point 1, 2 Mileage from start point Quiet road Busier road Cycle path

Significant hill climb (in direction of travel)

PH/CF Public House/café or tearoom SH Shop selling drinks, sweets etc Notable church

Place of interest/water feature

Abbreviations used in the route description: L left, R right, SO straight on.

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Bushwood Lane.

I At the end of road turn left towards Lapworth.

■ Follow this road for 1.3 miles and at end of road turn L towards **Hockley Heath** going over the canal bridge and, and, taking extra care, turn first R towards Packwood. At the next junction follow the road around to the R towards Baddesley Clinton.

K At the crossroads next to the Punch Bowl pub turn L into Chessetts Wood Lane. After 0.75 miles turn next R into **Chapel Lane**. Follow the road to the end eventually coming alongside the Grand Union Canal.

■ Turn L to Darley Green. At the end of the lane turn R, passing under the railway.

M Turn first L into Blue Lake Rd. At the end of the road turn R. Go up the hill to the roundabout.

N Turn L and at the next small roundabout go straight on into Widney Rd and follow the road past the shops to the Recreation Ground on your L.