

Cycling is a great way to keep fit whilst at the same time getting from A to B or exploring your local area.

The **Cyclesolihull** routes in this series of leaflets will take you along most of the network of quiet lanes in and around Solihull, introducing you to some places you probably didn't even know existed!

The routes have been carefully chosen to avoid busier roads so are ideal for new cyclists and children learning to cycle on the road.

You can cycle the routes alone or with family and friends, or join other people on one of the regular **Cyclesolihull** cycle rides.

## CycletoSolihull Day



A chance to join other cyclists in Solihull town centre for a cycling afternoon. Join one of the special rides or simply head to the town centre on your bike. For details of this year's event go to:

[www.cycletosolihullday.org.uk](http://www.cycletosolihullday.org.uk)

This is one of a series of cycle ride leaflets produced by **Cyclesolihull** which is a voluntary organisation which aims to encourage people in the Solihull area to cycle more. Cyclesolihull organises free community rides, publicises routes and provides information about cycling.

CSM10-0715

**Cyclesolihull** offers regular opportunities to join with others to ride the routes in this series of leaflets. The rides are organised by volunteers and typically attract between 10 and 25 riders. To get involved, just turn up and ride!

**Sunday Cycle Rides** take place most Sunday afternoons at 2 pm throughout the summer (1.30 pm and less frequently in winter) starting from one of a number of different starting points. "S" (short) routes are about 10 miles long, "M" (medium) routes about 15 miles long and "L" (long) routes about 20 miles long. On the second Sunday of the month in the summer there is a 5 or 6 mile **Taster Ride**. A Taster Ride is an ideal introduction to Cyclesolihull rides, especially for new cyclists and children.

**Saturday Xtra rides** take place monthly starting at 10 am from different starting points. They are similar to the Sunday rides but about 25 miles long and follow the "XL" routes.

**Saturday Stretcher rides** are also monthly starting at 9.30 am from different starting points. They are faster rides of about 30 miles long and do not follow a fixed route, so are suitable for more experienced cyclists.

**Evening Explorer Rides** are on a midweek evening from early May to mid August starting at 7 pm and follow the shorter "S" routes so are about 10 miles long.

**Refreshment Stops** All Cyclesolihull rides have an en-route refreshment stop for about 30 minutes at a family-friendly pub or tearoom.

For details of the current programme go to:

[www.cyclesolihull.org.uk](http://www.cyclesolihull.org.uk)

or pick up a copy of the **Cyclesolihull** ride programme on one of the rides.



**M10** medium route from  
**Solihull Lodge**

# CycleSolihull

*Explore your borough by bike*



**16 miles to Cannon Hill Park  
via the Rea & Cole Valleys**

*Have fun and get fit exploring your local  
area with this self-guided cycle ride.*

## Route M10 Solihull Lodge to Cannon Hill Park via the Rea & Cole Valleys

**Distance:** 16 miles (100-130 mins). **Start:** Daisy Farm Park car park, Maypole Lane B14 4PJ, SP087786.

**Route Summary:** A varied ride on country lanes, river valley paths and suburban roads.

**Refreshments:** Cafes in Cannon Hill Park & Sarehole Mill plus a number of shops en-route.

**Parking:** There is parking in Daisy Farm Park.

### The Route

**A** From the car park cross the main road into **Westfield Ave**. Turn first R into **Westcroft Way** and first R again into **Ashdale Drive**. At the end turn R and immediately L into **Heath Rise**. At the end turn L into the main road.

**B** At the end turn L on to **Alcester Road**. After 0.5 miles turn R into **Dark Lane** (less experienced cyclists may find it easier to turn L in to the parallel service road after **Hollywood Lane** and then turn R and L into Dark Lane). Follow this lane for 1.25 miles, passing over the A435.

**C** At the end turn L and first R into **Bell Green Lane** towards **Northfield**. After 150 yards turn R into **Headley Heath Lane**. Bear R at next junction and at the end go R. At the next staggered crossroads go SO.

**D** At end go L onto **Longdales Rd** and first R into **Meadowsweet Ave**. At end turn L into **Shannon Rd**. Follow the road (becomes Folyle Rd). Just before the end turn L into a service road. Passing **Wansbeck Grove** go R onto a short narrow path to reach a pelican crossing. Cross the road, going L and R into **Grange Hill Rd**.

**E** Go SO at the crossroads with **Rednal Rd** and then 2nd L into **Meadow Hill Rd**. At the end join the path straight ahead. At the path junction go R to join the **Rea Valley Cycle Route (NCN Route 5)**. Follow the blue NCN 5 signs for the rest of the outbound route. Cross the main road at the toucan and go R and then L to join the path through **Kings Norton Park**. Cross the main road at the toucan and follow the path SO to eventually reach the **Worcester & Birmingham Canal**.

**F** Turn L onto the towpath. Continue to follow NCN 5, crossing over the canal and eventually turning R through some housing, and then going SO to rejoin the cycle path. Follow the path, crossing the next two main roads using the toucans and continuing SO along NCN 5.



To cycle this route, memorise the instructions between each green reference point, relating the turns to the map. The place and road names in **bold** appear on signs along the route.

### Key to Map

<b>A B</b>	Start and route reference point
<b>1, 2</b>	Mileage from start point
	Quiet road
	Busier road
	Cycle path
<b>PH</b>	Public House
<b>CF</b>	Café or tearoom
<b>SH</b>	Shop selling drinks, sweets etc
	Notable church
	Place of interest
	Water feature

Abbreviations used in the route description:  
L left, R right, SO straight on.

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**G** At the next main road cross using the a toucan and go L then R into **Cecil Rd** and then R and L to rejoin the off road path. Follow the path going R across the **River Rea** and eventually entering **Cannon Hill Park**. Follow the main path SO to reach the **Garden Tearoom**.

**H** Retrace NCN 5 for 0.5 miles and take the path L up the steep grassy slope. At the top turn L into **Holders Gardens**. At the end go R into **Moor Green Lane** and second L into **Yew Tree Rd**. At the end go R into **Queensbridge Rd**.

**I** At traffic lights turn R and immediately L into **Valentine Road** and first L into **Ashfield Ave**. At the end go L and at the crossroads SO into **Prospect Rd**. At the next crossroads turn L

into **Clarence Rd** and at the end R into **Greenhill Rd**. At main road go SO into **Dyott Rd**, passing St Agnes Church on L. At the end turn R (go L then immediately R to cross dual carriageway). Go down hill and first L into **Windermere Rd**. Follow to the end, passing the entrance to **Moseley Bog**.

**J** Turn R down Wake Green Rd. After 0.3 miles there is a zebra crossing – after this turn second (very sharp) L into narrow **Gracewell Rd**. At the end turn R. Just before the **River Cole** ford turn R onto a path heading towards the chimney of **Sarehole Mill**. The path leads into the car park (tearoom available when mill is open).

**K** Cross the road at the pelican and join the footpath opposite through the trees. At the main road, cross with care and cycle to the end of **Coleside Ave**. Join the 'grass mat' path straight ahead. At the end use the island to cross the road and go R on the footpath and L to enter **Trittiford Mill Park**. Follow the path L of the pool until the end.

**L** At the lane go R. Cross the main road into **Ravenshill Rd** opposite. At the end go L, passing over the narrow canal bridge. Turn immediately L into **Prince of Wales Lane**.

**M** At the end, cross the main road bearing slightly R into **Greenford Rd**. At the end turn L into **Langstone Rd**. At the first mini-roundabout turn L into **Daisy Farm Rd** and at the second go SO to return to **Daisy Farm Park** straight ahead.